



MRC Phase 1 COVID-19 GUIDELINES as of 8.13.20

Protecting the health and well-being of MRC participants, employees and greater community is our top priority. Toward that end, we have developed a proactive plan designed to minimize the impact of Covid-19. MRC will roll the plan out in phases as necessary, beginning immediately. Because the Covid-19 public health emergency is rapidly evolving, this plan is subject to change. Thank you for your cooperation.

All Participants:

- **MASKS ARE REQUIRED** for anyone not engaged in physical activity at MRC.
- Anyone with a fever, cough or other symptoms **MUST** stay home.
- Parents of participants are not allowed in the building unless their child is under the age of 11. Only one parent/guardian per child is allowed.
- Waivers **MUST** be current and filled out within the current year/season.
- Prepay for all programs before arriving. This can be done by calling our front desk or through links on our website.
- Upon entering MRC you **MUST** use hand sanitizer or wash hands.
- Follow social distancing when possible, that is staying at least 6 feet away from others not in your household.

Arena Participants:

- Come dressed for play so that you can get on the ice without visiting a locker room.
 - Arrive as close to your groups start time as possible and exit within 15 minutes of finishing your activity.
 - User groups must provide full rosters for contact tracing purposes.
 - An outdoor seating area will be made available for those that want to put skates on outside.
 - Locker rooms can be used by authorized use only.
 - Participants should exit the Side Arena Door instead of coming back through the lobby after the session.
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MIRC is taking the following steps for your safety:

- We are staggering arrival times for programs to minimize customer contact in the lobbies/common areas. We are limiting programming to minimize the number of people on the ice at one time.
 - We are limiting the total number of people in our facility at one time.
 - We are marking the floors and benches to designate six feet distances.
 - We are providing hand sanitizer.
 - We are cleaning and sanitizing surfaces, restrooms, locker rooms, player benches, penalty boxes, dasher board rail tops and frequently used equipment.
 - All Coaches will be wearing masks when 6' distancing is not able to be maintained.
 - Our employees are receiving specific training in COVID-19 protocol. Our employees are wearing masks, practicing social distancing, and frequently washing their hands.
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