

MRC

MRC COVID-19 GUIDELINES as of 11.5.20

Protecting the health and well-being of MRC participants, employees and greater community is our top priority. Toward that end, we have developed a proactive plan designed to minimize the impact of Covid-19. MRC will roll the plan out in phases as necessary, beginning immediately. Because the Covid-19 public health emergency is rapidly evolving, this plan is subject to change. Thank you for your cooperation.

All Participants:

- **MASKS ARE REQUIRED FOR EVERYONE AT ALL TIMES at MRC.**
- Anyone with a fever, cough or other symptoms **MUST** stay home.
- If anyone in your household is under quarantine due to an exposure, all must stay home.
- Parents of participants are not allowed in the building unless their child is under the age of 11. Only one parent/guardian per child is allowed.
- Waivers **MUST** be current and filled out within the current year/season. (Visiting teams must fill out a Covid waiver 24 hours prior to play)
- **Prepay for all programs before arriving.** This can be done by calling our front desk or through links on our website.
- Upon entering MRC you **MUST** use hand sanitizer or wash hands.
- Follow social distancing when possible, that is staying at least 6 feet away from others not in your household.

Arena Participants:

- Come dressed for play so that you can get on the ice without visiting a locker room.
- Do not arrive prior to 15 minutes before your start time and exit within 10 minutes of finishing your activity.
- User groups must provide full rosters for contact tracing purposes.
- An outdoor seating area will be made available for those that want to put skates on outside.
- Locker rooms can be used by authorized use only.

MRC

- Participants must follow the procedures for entering and exiting our facility. Unless directed otherwise by an MRC staff member.

MRC is taking the following steps for your safety:

- We are staggering arrival times for programs to minimize customer contact in the lobbies/common areas. We are limiting programming to minimize the number of people on the ice at one time.
- We are limiting the total number of people in our facility at one time.
- We are marking the floors and benches to designate six feet distances.
- We are providing hand sanitizer.
- We are cleaning and sanitizing surfaces, restrooms, locker rooms, player benches, penalty boxes, dasher board rail tops and frequently used equipment.
- All Coaches in our ice arena must wear a mask.
- Our employees are receiving specific training in COVID-19 protocol. Our employees are wearing masks, practicing social distancing, and frequently washing their hands.